



**THE GRAND RESORT'S  
MED SPA  
NEW YEAR  
NEW SERVICES**

**INTRODUCING...**

- **TIRZEPATIDE**
  - A new addition to our current semaglutide weight loss program.
- **PEPTIDES**
  - For people who are actively working out and looking for improvement on their weight loss.
- **TRT**
  - Testosterone therapy

330 609 8814  
ONE AMERICAN WAY  
WARREN, OH 44484

### Learn to play Tennis or Pickleball in 2024!

Adult Learn-to-play Clinics begin January 8<sup>th</sup>

Why not start off the New Year by learning to play tennis or Pickleball and enjoy all the benefits of these two racquet sports?

“Beginning Tennis for Adults” kicks off on Monday, January 8<sup>th</sup>, from 6:30 p.m. to 8:30 p.m. at The Grand Resort Tennis Center. It’s a great clinic for men and women who want to learn to play tennis or for beginners who want to reinforce stroke fundamentals. The class runs through February 12<sup>th</sup> (no class February 5<sup>th</sup>) and is taught by Joe Bender.

“Beginner Pickleball” starts on Tuesday, January 9<sup>th</sup>, from 5:30 p.m. to 6:30 p.m. at Avalon at Squaw Creek. It’s for new players and teaches basic strokes, rules and scoring. The class runs through January 30<sup>th</sup> and is taught by Jeff Gehm.

There is also a Pickleball Clinic for advanced-beginners as well as Pickleball Ladder Leagues at Squaw Creek starting in January. Similar programs are available at the Avalon Athletic Club at Boardman.

For more information visit the Tennis-Pickleball home page at [www.avalongcc.com](http://www.avalongcc.com) or call Concierge Services at (330) 856-1900, (330) 539-5008 or (724) 704-8801.

**Joe Augustine Live in Gatsby's at The Grand Resort**  
Wednesdays and Fridays in January  
6 p.m. to 9 p.m.

### Don't Let Those Christmas Cookies Go To Your Waistline!!

Join us at The Fitness Center at The Grand Resort (open 24-hours)

Avalon at Buhl Park's Fitness Center (open 5 am. to 11 p.m.)

Some classes will include:

*Total Body Tone Up, Yoga with Deb and Reformer Pilates*



Avalon at Squaw Creek in The Studio

*Chair Toga, Happy Hour Tabata, Kick Boxing and much more*

Check out our website for current schedule.

Painting this

**JANUARY  
SIP AND PAINT**

Thursday, January 11<sup>th</sup>  
Avalon Field Club at New Castle  
6 p.m. to 8 p.m.

**\$25 per Member, \$30 per guest**  
*Plus tax and gratuity*

### Celebrating YOU!

Customize your lunch platter your way. The Grand Resort is now offering featured lunch platters, Monday through Thursday 11 a.m. to 4 p.m. Mix and match our customizable lunch platter to fit those quick luncheon needs. Choose between half a sandwich, cup of soup and/or half salad. Call to make your reservations today.

### January Dive-in Movies Indoor Pool at The Grand Resort

6 p.m. to 8 p.m.

Free for members, \$15 for Member Guest

January 5<sup>th</sup> and 6<sup>th</sup> – The Little Mermaid (New)

January 12<sup>th</sup> and 13<sup>th</sup> – Encanto

January 19<sup>th</sup> and 20<sup>th</sup> – Madagascar

January 26<sup>th</sup> and 27<sup>th</sup> – Abominable

### Panini and Soup Night

Saturdays in January

Avalon at Squaw Creek

4 p.m. to 10 p.m.

Different Paninis  
and soups weekly



### Buhl a la Carte Brunch

Warm up on these wintery Sundays with Buhl's A la Carte brunch menu. Order from our wonderful breakfast menu or our full winter menu or savor the taste of both.

They are sure to melt your winter blues away.



### Manic Mondays in January

Avalon at Buhl Park

11 a.m. to Close

Let's have a wild time at Buhl with our Manic Mondays in January.

Order from our \$10 menu featuring food and drink specials.



### Team Trivia at Squaw Creek

Wednesday, January 3<sup>rd</sup> | 6 p.m. to 9 p.m.



### Passport Dinner "Northern Lights"

Saturday, January 13<sup>th</sup> at Avalon at Buhl Park

5 p.m. to Close

For our first Passport Dinner we will be traveling to the Northern Lights. Flavors of the extreme north will be our features for this evening. Your "Passport" is waiting for you and will be stamped if you order from our Northern Lights Menu.

### Tour of Italy Wine Dinner

The Grand Resort

Thursday, January 18<sup>th</sup>

6 p.m. to 9 p.m.

Wine Importer Mark Cerimele specializing in small production, family owned wineries that showcase the best of Italian wines. Enjoy six amazing wines, three white and three red. Each wine will be paired with a dish from our Executive Chef. Make it a night with a room at The Grand Resort.

### January Specials at the Salon and Spa

Members only may continue to enjoy a 25% discount on same-day scheduled appointments at The Grand Salon and Spa at The Grand Resort. Payment is required at time of booking. Should appointments be cancelled or rescheduled, discount will not be applicable. Offer may not be combined with any other promotional offer. Discount does not apply to member's guest. Give yourself the gift of indulgence to start the year out relaxed. Enjoy spa services, sauna and steam amenities and spend time in The Roman Bath.

The chill in the air is invigorating!!!

### The Grand Salon and Spa at The Grand Resort Only

*Hydra Facial Platinum Only \$180, a \$280 value.*

See immediate results and Glow with Confidence!!!

### Avalon at Buhl Park Only

Rejuvenate your skin....Receive \$15 off of all facials.

Cheers to the women of the world that made Christmas happen!! Gather your girls and enjoy a "Day Spa" Experience in the new Rose Room located at Buhl. This private space is perfect and easily accessible to the sauna and steam rooms. Order food and beverage and spend time together. Spa services for groups of four or more will receive a 10% discount.

### At Both Locations

SkinCeuticals and All Hair Care Products – 15% off

All appointments based on availability.  
Promotional offers may not be combined.

View website for entire spa menus.



### Wingo Night at

Avalon Field Club at New Castle

Wednesday, January 24<sup>th</sup> | 6 p.m. to 8 p.m.

\$7 per person (includes two bingo cards)

*Enjoy a night of Wings and Bingo.*

*Bring the family out to enjoy specialty sauces for your wings and an appetizer platter for one night only.*



### Wine, Dinner and a Movie

Avalon at Squaw Creek | 6 p.m. to 9 p.m.

Thursday, January 25<sup>th</sup> – *Bottle Shock*

Thursday, February 22<sup>nd</sup> – *Sideways*

Thursday, March 15<sup>th</sup> – *Big Night*

Each night will feature wines and dinner specials inspired by the movie.

### Valentine's Day is Wednesday, February 14<sup>th</sup>

Make your reservation today for that special day. Need a special gift? A Gift Card to our Salon and Spa, Golf Shop, Overnight Stay, Cigar Experience, Wine Night or a Round of Golf. We have you covered.